



ONE IN FAITH Area Catholic Community of

St. Mary - Melrose, Sacred Heart - Freeport

Immaculate Conception - New Munich

St. Rose of Lima - St. Rosa, St. Michael - Spring Hill

St. Andrew - Greenwald, St. John - Meire Grove

Twenty-Fourth Sunday in Ordinary Time

September 15, 2024

Fr. Daniel Walz, Pastor
Fr. Mitchell Bechtold, Pastor
Fr. Oswaldo Roche, Parochial Vicar

**Melrose - Spring Hill -
Greenwald - Meire Grove Office:**

Hours: Monday - Thursday 8:00 am - 3:00 pm

Friday 8:00 am - 12:00 pm

Office Phone: 320-256-4207

Fr. Mitchell Bechtold: 320-256-9512

mlbechtold@outlook.com

Fr. Oswaldo Roche: 320-256-9513

frosaldo@stmarysofmelrose.com

Office Email: pam@stmarysofmelrose.com

Website: www.oneinfaith.org

Facebook: Church of St. Mary, Melrose

Mailing Address: 755 Kraft Drive SE

Melrose, MN 56352

Freeport - New Munich - St. Rosa Office:

Hours: Monday - Thursday 9:00 am - 3:00 pm

Friday 9:00 am - 12:00 pm

Office Phone: 320-836-2143

Email: triparish@albanytel.com

Website: www.sacredheartfreeport.org

Facebook: Tri Parish

Mailing Address: PO Box 155

Freeport, MN 56331

Bulletin Announcements

Deadline: Tuesday before 9:00 am

Email information to: bulletin@catholic-centered.org

Confession Times

- ◆Fridays 7:45 am Sacred Heart
- ◆Saturdays 3:30 pm Immaculate Conception
- ◆Saturdays 3:30 pm St. Andrew
- ◆Saturdays 4:30 pm St. Mary
- ◆Or by appointment. Call the Parish Office.

Marriage

Couples are to begin preparation 6-12 months in advance and **must** call the respective Parish Office **before setting a date**. Diocesan Marriage Preparation Classes are required.

Baptism & RCIA

If you are interested in having your child baptized or participating in the RCIA program, contact the respective Parish Office.

**Anointing of the Sick, Home Bound Communion
Pastoral Visitation
Joining/Leaving a Parish**

If you have any of the above or other pastoral needs, please call the respective Parish Office or check the parish websites.

A Spiritual

He summoned the crowd with his disciples and said to them,
“Whoever wishes to come after me must deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake and that of the gospel will save it.”
Mark 8:34-35



Practically speaking, how do we follow Jesus and save our souls? Is it enough to profess that we believe in Jesus? If we were to arrive at the conclusion that Jesus is God and the Savior of the World, would we then be saved? Certainly not. Even the demons believe this truth. Jesus is quite clear that salvation requires action on our part. We must deny ourselves, take up our crosses, and follow Him. Furthermore, the road to salvation requires that we lose ourselves for the sake of Christ and the Gospel. What exactly does this mean, practically speaking?

To answer this question, let's first consider the way that many people live. We tend to desire that which is the easiest in life, the most enjoyable, the greatest, and the most consoling. We often seek out those things that make us feel good and the path of least resistance. For example, if you could choose to fast on bread and water or feast on the most delicious foods, which would you choose? If you could choose between a vacation in the most exotic and luxurious location or a week of very difficult work, which would you choose? If you could choose to drive a brand new, high-end car or a very old beater, which one would you prefer? Most people would quickly pick the nice food, luxurious vacation and fancy new car.

In his spiritual classic, the *Ascent to Mount Carmel*, Saint John of the Cross outlines a very different path. He gives a series of spiritual maxims to use for prayer and meditation to help purify your soul of every unhealthy attachment so that you can become more fully attached to God and His holy will. St. John says, “Strive always to prefer, not that which is easiest, but that which is most difficult; Not that which is most attractive, but that which is most unpleasant; Not that which gives most pleasure, but rather that which gives least...” These spiritual maxims, when read in their entirety, challenge us to the core of our being. They quickly reveal to those who are honest that they often prefer the easiest, most pleasant and best that this world has to offer. But what is best for your eternal soul?

Jesus' teaching, that we must deny ourselves, take up our cross, and follow Him, is the road map to saving your eternal soul and to discovering a spiritual fulfillment that far surpasses anything this world or our flesh have to offer. But in order to understand this road map and then to follow it, we often need to make a “spiritual U-turn” so to speak. This U-turn begins with us choosing the Cross on every level of our being and concludes with God stripping away all selfish desires and replacing them with a desire for sacrificial love.

Continued on page 5

ACC MASS TIMES AND INTENTIONS ~ SEPTEMBER 16 - 22 **ADORATION**

ST. MARY - Melrose

Mo 6:30 pm **Misa en Español**
 †Sergio Hernandez Chavez
 Tu 7:30 am †Arthur Hinnenkamp
 We 7:30 am †Mary Ann Arnzen
 Th 7:30 am †Ralph Inderrieden
 Fr 8:30 am **SM School Mass**
 †Mike Rieland
 Sa 5:00 pm †Randy Pieper
 *Su 10:00 am †Stan Theis
 Su 12:30 pm **Misa en Español**
 †Florentino Montanez

SACRED HEART - Freeport

We 8:15 am **SH School Mass**
 †Blake Hemker
 †Burke Engelmeyer
 Fr 8:15 am †Vern & †Kevin Stroeing
 Su 8:00 am For the People

***Mass will be livestreamed.**

Visit: oneinfaith.org for the YouTube link.

IMMACULATE CONCEPTION - New Munich

Th 8:15 am †Lois Schaefer
 Sa 4:00 pm †Florence "Flossie" Hoppe

ST. ROSE OF LIMA - St. Rosa

Tu 8:15 am †Wyatt Tritz
 Su 10:00 am †Jim & †Mary Jane Imdieke

ST. MICHAEL - Spring Hill

Tu 8:00 am †Joe Loehr
 Su 10:00 am For the People

ST. ANDREW - Greenwald

Th 8:00 am **SJSA School Mass**
 †Luella Marthaler
 †Joan Marthaler-Gerads
 Sa 4:00 pm †Peter Van Beck

ST. JOHN - Meire Grove

We 8:00 am †Wilfred Hinnenkamp
 Su 8:00 am †Joseph Younk

St. Rose of Lima - St. Rosa

First Tuesday of the month
 7:00 - 8:00 am

Immaculate Conception - New Munich

First Thursday of the month
 7:00 - 8:00 am

St. Mary - Melrose

First Thursday of the month 6:30 pm
 in Spanish (en Español)

Sacred Heart - Freeport

Fridays 9:00 am - 1:00 pm



ONE IN FAITH AREA CATHOLIC COMMUNITY NEWS

Parish News:

~ St. Mary ~ St. Michael ~ St. Andrew ~ St. John ~

- **We Are Celebrating!** Fr. Mitchell will be formally installed as pastor of St. Andrew, St. John the Baptist, St. Mary and St. Michael at a special Installation Mass at St. Mary's in Melrose at 7:00 pm on Tuesday, September 17, with Fr. Scott Pogatchnik, Vicar General of the St. Cloud Diocese, presiding. Everyone is welcome! Refreshments and fellowship will follow.
- **Thank You** The Parish Life committee would like to thank all those who were able to attend the 3rd Annual Parish Get Together! What a beautiful evening of fellowship! A special thank you to all those that worked and/or donated to the event. Everything was much appreciated. Mark your calendars for Sunday, September 7, 2025, for next year's get together!

Parish News:

~ Sacred Heart ~ Immaculate Conception ~ St. Rose of Lima ~

- **St. Cloud Novena Booklets** Please return them to the church after you are finished with them. Thank you.



Wreath and Poinsettia Fundraiser...

The Tri-Parish Youth will once again be selling wreaths and poinsettias. Please support our youth by placing an order. Orders can be placed by contacting one of our youth or by calling the Tri-Parish Office at 320-836-2143.

Come to the Table of Plenty St. Cloud Diocesan Council of Catholic Women's Fall Conference is on Saturday, September 21, at St. Anthony's Catholic Church, 2405 1st Street N., St. Cloud. Registration starts at 9:00 am. Fred Blonigen will be speaking at 10:00 am and 1:00 pm. Mass with Bishop Neary, C.S.C at 11:00 am. Contact Lora with questions 320-393-2701.

Mass for Suicide Healing and Remembrance

The mental health ministry team of the diocese is offering a Mass for Suicide Healing and Remembrance at St. Mary's Cathedral in St. Cloud on Saturday, September 28. This 5:00 pm parish liturgy is open to everyone with a special invitation to those who have lost loved ones or community members to suicide. Please come and pray with us! For more information, visit the Mental Health Ministry page of the diocesan website: <https://stcdio.org/event/2024-mass-for-suicide-healing-and-remembrance/>



An Epoch in Time, history book of St. Rose of Lima Parish, is available at the parish offices in Freeport and Melrose. Cost \$35

Low Gluten Hosts are available for individuals that have a gluten intolerance. Please note, these hosts still contain gluten, less than 0.001% gluten, and are not completely gluten free. If you would like to have more information about the low gluten hosts, please contact the Parish Office in Freeport. When you are planning to have a low gluten host for Mass, it will be necessary to have the host within a pyx (the parish can provide a pyx) and placed upon the altar for consecration. You will need to let Father know that you are present prior to Mass, and that you will be in his Communion line.

Theology Day at Saint John's University in Collegeville is a chance for people in our communities who are seeking a deeper spiritual life or understanding of their faith and its place in their everyday lives to learn from and interact with the theologians of Saint John's School of Theology and Seminary. It offers a chance for these scholars to gain insights and grow in their faith, as well. Enhance your spiritual life with one of the events listed below. All events are held from 9:00 am - 1:00 pm in Emmaus Hall. For more information or to register, please call 320-363-3560 or visit www.theologyday.com.

- Spirituality, Beer, and the Monastic Tradition - Friday, September 20
- The Eucharist, Divinization, and the Regeneration of the World - Friday, November 8

Do You Have Questions About the Catholic Faith?

Are you or anyone you know interested in exploring the Catholic Church as your church home? Have you been sitting in the pew next to your Catholic spouse for years wondering what you have to do to become Catholic? The Rite of Christian Initiation for Adults (RCIA) is the Catholic Church's way of welcoming new members. It can also be the path to prepare for First Eucharist and/or Confirmation for baptized Catholics. RCIA is much more than a program. It is a learning and loving process in which conversion of the heart brings one to Jesus Christ. If you are interested in learning more about this program, please contact one of the parish offices or Deacon Ernie Kociemba at kociemba@meltel.net or call 320-248-5124.

CHURCH OF ST. MARY
 Physical Address: 755 Kraft Drive SE
 Melrose, MN 56352

◆◆◆◆◆◆◆◆◆◆ Weekly Offerings ◆◆◆◆◆◆◆◆◆◆

Total.....	\$6,665.87
Regular Adult Offering	5,205.00
Plate/Loose	987.87
Designated Funds	473.00

St. Mary's Calendar Raffle



09-08	\$25	Doris Rieland - Melrose
09-09	\$25	Tom & Kathy Budde - Melrose
09-10	\$25	Dave Berscheit - Melrose
09-11	\$25	Pete Tylutki - Melrose
09-12	\$25	Lenore Jenc - Sauk Centre
09-13	\$50	Jorge Carrillo Ambriz - Melrose
09-14	\$25	Ross & Jen Rademacher - Melrose

Baptized in Christ...

♥Philip Gordon Middendorf ♥Ian Samuel Bailon Ramirez

Construction Update: Work on the maintenance shed is moving along! Insulation is complete and waiting on inspection. Finishing the interior of the heated space and installation of overhead doors will follow. Thank you to everyone for your continued support.

HAPPENINGS AROUND THE AREA

Look for more information about these and other events in Central Minnesota Catholic Magazine or Local Paper or Online

September 15, Sunday

◆**Breakfast** at St. John the Baptist Parish Hall in Swanville. Sponsored by Grey Eagle/Swanville Knights of Columbus. Serving from 8:00 - 11:00 am. Freewill donation. All proceeds will go to help fund local Knights of Columbus charitable activities.

◆**Annual Turkey & Ham Dinner** hosted by St. Donatus Catholic Church of Brooten's at the Padua Pub Reception Hall in Padua. Serving from 11:00 am - 1:30 pm. Take outs will also be available. Hope to see you there!

◆**2024 Forever Young Let There Be Peace** at First Lutheran Church in Sauk Centre at 7:00 pm. Freewill offering and food shelf item.

September 18, Wednesday

◆**Quilting** at 1:00 pm at the Freeport Senior Center. All are welcome.

September 19, Thursday

◆**Freeport Senior Citizens meeting** at 1:00 pm at the Freeport Senior Center. All area seniors welcome. Bingo and 500 will be played.

September 20, Friday

◆**All You Can Eat Fish Fry** hosted by the Melrose American Legion. Serving from 4:30 - 7:30 pm. Take out are available. Your support is appreciated.

September 24, Tuesday

◆**American Red Cross Blood Drive** at the Melrose American Legion from 12:30 - 6:30 pm. Please call 1-800-733-2767 or visit RedCrossBlood.org and enter: Melrose to schedule an appointment.

◆**Bologna Daze** at Elrosa Bar & Lounge serving from 5:30 - 7:30 pm. Music by Rueben Nathe & Friends. \$10 all you can eat bologna, potato wedges, sauerkraut, baked beans, homemade bread and dessert. Sponsored by: Elrosa Senior Citizens.

September 25, Wednesday

◆**Quilting** at 1:00 pm at the Freeport Senior Center. All are welcome.

September 29, Sunday

◆**Sunday Breakfast** at Mary of the Immaculate Conception Church in Rockville. Serving from 8:00 am - 12:00 pm. Traditional Mexican breakfast of eggs, chorizo, potatoes and onions, freshly made tortillas, and salsas. Make your own breakfast burritos. Children ages 4 and under are free. Children ages 5-9 \$8. Ages 10+ \$12.

CHURCH OF THE SACRED HEART

Physical Address: 106 3rd Avenue NE Freeport, MN 56331
 Church Basement 320-836-2191

◆◆◆◆◆◆◆◆◆◆ Weekly Offerings ◆◆◆◆◆◆◆◆◆◆

Total.....	\$7,331.10
Regular Adult Offering.....	3,853.85
Plate/Loose.....	3,128.25
Votive.....	184.00
School Support	125.00
All Saints Day	20.00
All Souls' Day	20.00

Parish Events

We	09/18	6:00 pm	Faith Formation Grade 2
We	09/18	7:00 pm	Faith Formation Grades 7-11
Fr	09/20	7:45 am	Individual Confessions
Fr	09/20	9:00 am	Adoration

Welcome to our Parish... We welcome Darryl and Heidi Einyck, and their children, Allison, Sara, and Laurynn, to our parish.



Weddings... Congratulations to **Zachary & Kendra (Lange) Austing** who were married at St. Rose of Lima on Tuesday, September 10. May God bless you with many years of happiness together.

Annual Meeting Freeport Christian Women are hosting their Annual Meeting on Monday, September 23 beginning at 6:00 pm in the Sacred Heart Church basement. Join us for a light meal, a quick year in review and a fun round of Trivia. All Freeport Christian Women and those interested in joining are invited attend. Door prizes will be given out as well.



Children's Liturgy is offered during most Sunday Masses throughout the year. Children, pre-k through those preparing for First Holy Communion, are invited to participate in Children's Liturgy. For those who have received the Sacrament of the Eucharist, we ask that they remain and are active participants in the Mass.

Mark Your Calendar Sacred Heart Catholic United Financial Matching Grant Breakfast will be held on Sunday, October 13 in Freeport.

The Scriptures This Week
 Year B, Weekdays - Cycle II

Mo	Saints Cornelius, Pope, and Cyprian, Bishop, Martyrs 1 Cor 11:17-26, 33	Lk 7:1-10
Tu	1 Cor 12:12-14, 27-31a	Lk 7:11-17
We	1 Cor 12:31—13:13	Lk 7:31-35
Th	1 Cor 15:1-11	Lk 7:36-50
Fr	Saints Andrew Kim Tae-gön, Priest, and Paul Chông Ha-sang, and Companions, Martyrs 1 Cor 15:12-20	Lk 8:1-3
Sa	Saint Matthew, Apostle and Evangelist Eph 4:1-7, 11-13	Mt 9:9-13
Next Sunday - Twenty-Fifth Sunday in Ordinary Time	Wis 2:12, 17-20	Jas 3:16—4:3 Mk 9:30-37

CHURCH OF IMMACULATE CONCEPTION
 Physical Address: 650 Main Street
 New Munich, MN 56356
 Church Basement 320-837-5217

◆◆◆◆ Weekly Offering ◆◆◆◆

Total.....	\$2,395.06
Regular Adult Offering.....	2,097.69
Plate/Loose	162.75
Building/Maintenance	34.62
Cash Bazaar.....	100.00

Parish Events

Tu 09/17 6:30 pm	Catholic Order of Foresters Meeting
We 09/18 6:00 pm	FF Grade 2 - FR
We 09/18 7:00 pm	FF Grades 7-11 - FR
Sa 09/21 3:30 pm	Individual Confessions

Welcome to our Parish... We welcome Bryce and Taylor Nathe to our parish.

Save the Date: Catholic Order of Foresters Court, St. Leo Court #786 of New Munich Annual Matching Fund Breakfast on Sunday, October 6 in the church basement.

Sacred Heart School
Calendar Raffle Winners!

09/08	\$50	Travis & Angela Scherping - Freeport
09/09	\$25	Karl Goebel - Becker
09/10	\$25	Tim Tschida - Baxter
09/11	\$25	Nicole Welle - Portland, OR
09/12	\$25	Jean Benassi - Portland, OR
09/13	\$25	Lisa Hellermann - Melrose
09/14	\$25	Cari Blonigen - Freeport

Prayer Requests...
 Please call the parish office to be added to this list.

Banns of Matrimony:
 I Abby Hinnenkamp♥Adam Van Beck, 10-5 M
 III Kasey Bertram♥Nicholas Topp, 9-21 SH
 III Mikayla Von Wahld♥Dylan Fleischhacker, 9-21 SR

For the Sick: Alex Hoppe, Joan Schlicht, John Niehaus, Joyce Hauser, Lori Austing, Petra Oevermann, Regine Muellner, Ron Heinen, Sandy Welle, Tony Niehaus

- Contact Persons for Prayer Line Requests:**
- ◆ Sacred Heart
 - Judy Caveny 320-248-8830
 - ◆ Immaculate Conception
 - Bernice Zink 320-837-5321
 - ◆ St. Rose of Lima
 - Kayla Harren 320-333-8461
 - ◆ St. Michael
 - Sharon Schulzetenberg 320-248-7702
 - ◆ St. Mary's
 320-256-3878

CHURCH OF ST. ROSE OF LIMA
 Physical Address: 28905 County Road 17
 St. Rosa, MN 56331
 Church Basement 320-836-2537

◆◆◆◆ Weekly Offering ◆◆◆◆

Total.....	\$6,560.85
Regular Adult Offering.....	6,418.85
Plate/Loose	142.00

Parish Events

We 09/18 6:00 pm	FF Grade 2 - FR
We 09/18 7:00 pm	FF Grades 7-11 - FR
Fr 09/20 4:30 pm	Wedding Rehearsal
Fr 09/20 7:30 pm	Rosary
Sa 09/21 2:00 pm	Von Wahld/Fleischhacker Wedding

\$100 Pink Cash Raffle Tickets We had a great success with this raffle with all tickets sold. We appreciate everyone selling and buying the tickets. Thank You, it is very much appreciated! ~The Committee Members

Thank You from the St. Rose Festival Committee to everyone who made our festival a great success; without all of your help, the Festival would not be possible. Mark your calendars for next year's festival August 31, 2025.


Jackie & Adam Wiechmann, Christine & Devin Middendorf, and Jessica & Michael Lehner

Stewardship as a Way of Life

"Whoever wishes to come after me must deny himself, take up his cross, and follow me." Mark 8:34

Living a stewardship lifestyle means not only being responsible for my own life, but for the lives of others as well. We realize that our gifts are not intended for ourselves, rather they are meant to be shared with others. "Taking up my cross" means doing things when someone else needs me and not when it's convenient for me.

2024 Stewardship Day is October 17 from 9:00 am to 3:00 pm at St. Louis Catholic Church in Paynesville (Spanish translation provided) and being livestreamed to Christ Our Light Parish in Princeton. The day will feature Bernie Evans, professor emeritus from Saint John's University in Colledgeville. His presentation will draw from his book *Stewardship: Living a Biblical Call*. **All are welcome.** Morning refreshments and lunch are provided. There is no fee and freewill offerings are gratefully accepted. To register: Use your smart phone or visit:
<https://www.surveymonkey.com/r/FKTYHKB>



CHURCH OF ST. MICHAEL
 Physical Address: 102 St. Michael Avenue N.
 Spring Hill, MN 56352
 Church Basement 320-987-3405


◆◆◆◆ Weekly Offering ◆◆◆◆

Total	\$1,039.77
Regular Adult Offering.....	942.00
Plate/Loose	77.77
Bishop's Annual Appeal.....	20.00

Liturgical Ministries
Sunday, September 22 - 10:00 am

(S) Shantel Gruber & Kenny Niehoff
 (L) Katherine Orbeck
 (U) Nick Waldorf & Bob Welle
 (EM) (B) Kathy Welle
 (EM) (C) Adam Kalthoff & Conrad Gruber
 (Sacristan) Kathy Welle
 (RL) Marilyn Gruber
 (CC) Sandra Gruber & Kathy LeClaire
 (HK: September 15-28) Betty Orbeck, Kim Orbeck, & Mary Ann Orbeck

Thank You to Group 1 and all who helped with the Catholic United Financial Matching Grant Breakfast & Bake Sale and for everyone that attended to make it a great success. Quilt winner was Alvin Fuchs.



Public Rosary... 

We have many intentions to pray for and much to be thankful for.
 All are invited and welcome!

- Mondays at 7:00 am in the church in Meire Grove.
- Tuesdays at 7:00 am in the church in Melrose.
- Wednesdays at 1:00 pm in the church in Melrose.
- Every Thursday except the first Thursday at 6:30 pm in Spanish in the church in Melrose.
- Fridays at 7:30 pm at the church in St. Rosa.
- 30 minutes prior to each weekday and weekend Mass in Freeport, New Munich, St. Rosa, and Spring Hill.
- 20 minutes prior to each weekday and weekend Mass in Greenwald.



CHURCH OF ST. ANDREW
Physical Address: 211 W 2nd Avenue N.
 Greenwald, MN 56335
Church Basement 320-987-3160

◆◆◆◆ Weekly Offering ◆◆◆◆

Total	\$1,185.00
Regular Adult Offering	880.00
Plate/Loose	94.00
Votives.....	11.00
Donation.....	200.00

Liturgical Ministries
Saturday, September 21- 4:00 pm

(S) Jada Worms & Luke Worms
 (L) Julie Kulzer
 (U) Dan Eveslage & Bill Frieler
 (GB) Robert & Judy Wehlage
 (EM) (B) Herman Lensing
 (EM) (C) Clarine Beier & Dustin Gregory
 (HK - September) *Margaret Silbernack,
 Jen Stepan, Amy Stueve, & Linda Trisko

Finance and Leadership Meetings
 St. Andrew's Parish Finance and Leadership councils will meet in the SJSA school basement on Wednesday, September 18: Finance at 7:00 pm, Leadership at 7:30 pm.

St. Andrew's Christian Women
 will have a meeting at 7:00 pm on Tuesday, September 24, in the SJSA School basement. The agenda will include Barley Days follow up and dissolving of the club.

CHURCH OF ST. JOHN
Physical Address: 20 State Highway 4 S.
 Meire Grove, MN 56352
Church Basement 320-987-3631

◆◆◆◆ Weekly Offering ◆◆◆◆

Total	\$2,124.25
Regular Adult Offering.....	1,725.00
Children.....	0.25
Plate/Loose	259.00
Votives.....	35.00
School Subsidy.....	45.00
Steeple Lighting.....	60.00

Liturgical Ministries
Sunday, September 22 - 8:00 am

(S) Faith Meyer & Miranda Meyer
 (L) Karen Meyer
 (U) John Primus & Ray Primus
 (GB) Elmer & Virginia Meyer
 (EM) (B) Jim Leukam & Char Meyer
 (EM) (C) Dan Meyer & Elmer Meyer
 (HK - September) *Julie Wehlage, Abby Zenzen, Kathy Illies, Darlene Imdieke, Joni Imdieke, & Sharon Imdieke

100 Year Anniversary Please join us for Mass to celebrate the 100-year anniversary of the present St. John the Baptist Church building on Sunday, October 6. Abbott Doug Mullen from St. John's Abbey will preside. We are proud of our current Benedictine structure and heritage. Come celebrate with us! Fellowship and Refreshments immediately following Mass.



HISPANIC MINISTRY

¡Registrate en la parroquia! Si asistes frecuentemente a la celebración de la Misa en nuestra parroquia y no te has registrado como miembro de está, te invitamos a que te registres y formes parte de nuestra gran comunidad hispana registrada. ¡Ya somos casi 500 feligreses hispanos registrados en la parroquia de Santa Maria! Si tienes preguntas al respecto llama al 320-256-9500 de 8:00am-12:00pm para asistencia en español.

¿Eres adulto y aún no has recibido todos tus sacramentos de iniciación (Bautismo, Confirmación y Primera Comunion)?: el Ministerio Hispano de la



Iglesia de Santa Maria cuenta con el Programa RICA que ayuda a preparar a todos aquellos adultos que aún no han recibido los sacramentos de iniciación y de igual manera prepara aquellas personas que no eran católicas pero desean entrar en total comunión con la Iglesia Católica. Si a usted le interesa entrar a este programa o conoce a alguien que desea prepararse para recibir sus sacramentos, hable con los diacono Jorge Carrillo o Jesus Hernandez para registrarse o llame a la oficina parroquial de Lunes a Viernes de 8:00 am a 12:00 pm para asistencia en Español.

Preparación Matrimonial: Invitamos a todas las parejas hispanas que están planeando recibir el sacramento del Matrimonio el próximo año a que se registren para recibir la entrevista con el Sacerdote y comenzar con su preparación. Para más información hable con el Diácono Jorge Carrillo después de Misa o llame a la oficina parroquial de Lunes a Viernes de 8:00 am a 12:00 pm para asistencia en Español.

Aprendiendo a Evangelizar: Invitamos a todas las personas que hablan Español a una clase que nos prepara y nos enseña a conocer más a profundidad nuestra Fe Católica. Si usted está interesado o interesada, los esperamos aquí en la iglesia todos los Sábados de 8:00 a 9:30 am.

A Spiritual con't. from page 1



If you were to carefully examine your thoughts throughout the day, you might find that you think about yourself a lot. "I like this, don't want to do that, am angry about this, and am trying to avoid that..." Very often, our thoughts begin with "I" and end with "me." Denying yourself, taking up your cross, and losing your life means that you no longer think about yourself. It means that the eyes of your soul have turned away from yourself and focus exclusively upon the will of God and the love of others. But this will never be possible until we are freed of the numerous selfish desires that often direct most of our actions day in and day out.

Reflect, today, upon that which you desire throughout your day. What occupies your thoughts the most? What are you drawn to the most? Do you spend most of your day thinking about how you can better serve God and His holy will? Or do you spend most of your day thinking about yourself? Do the eyes of your soul most often turn to the selfless service of others? Or do they more often think about what you want in a selfish way? Reflect upon these difficult questions and seek to eradicate everything within you that is selfish. Doing so will enable you to make a spiritual U-turn so that you can carry the glorious and transforming Cross of Christ.

My sacrificial Lord, You lived a selfless life in which Your only concerns were the glory of the Father in Heaven and the salvation of the world. Please free me from all selfishness so that I will be more able to deny myself in every way, run toward every cross in life, and follow You into the beautiful life of selfless and sacrificial love. Jesus, I trust in You.

One in Faith ACC Schools Gift Card Programs

A gift card rebate program that allows you to purchase your everyday items with gift cards and earn money for our area Catholic schools without paying any extra money!
 A percentage of each gift card will be donated back to the area Catholic schools.
 Each school has a variety of local and national gift cards available to purchase.
***Gift cards are great gift ideas!**

CATHOLIC SCHOOLS NEWS



PASTOR: Fr. Dan Walz
PRINCIPAL: Kristie Harren
ADMINISTRATIVE ASSISTANT:
 Amy Van Beck
SHS BOARD:
 Myranda Beuning, Julie Job,
 Ben Kalthoff, Tamara Welle,
 Lindsay Frieler, and Jenelle Herkenhoff
 www.shsfreeport.org School Phone: 320-836-2591
 Toddler Center Phone: 320-836-2585



PASTOR: Fr. Mitchell Bechtold
PRINCIPAL: Autumn Nelson
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SJSA BOARD:
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 Phone: 320-987-3133
 www.sjsaschool.org

- ♥ **Thank You to D'Lish and Magnfi Financial** for treating the SHS staff to coffee and muffins, etc. to kick off the new year. We are so thankful for your generosity!
- ♥ **Grandparent's Day** is coming up on Friday, September 27. Information went home with the students on Monday.
- ♥ **The 14th Annual SHS 1K and 5K** is coming up on Saturday, September 28! Registration is open and forms are available at the school. Hope to see you there!
- ♥ **We all had a great first week** of school and we are excited for the 24/25 school year!

- ♦ **Please Consider Pledging a Student** for our upcoming Marathon/Prayer-A-Thon on Friday, October 4. Our goal is to raise \$23,000 on this fundraiser. This is a budgeted item in our school budget for the 2024-2025 school year. We also believe in the power of prayer and want to pray for you and your families, so send in prayer requests as well. All donations and prayers can be sent to St. Mary's School, 320 5th Ave. SE Melrose, MN 56352.

- ♦ **The SJSA Students and Staff are Happy** with the new LED lighting installed throughout the school Labor Day weekend. A big thank you to all who helped convert and install the new bulbs: Kenny Utsch (Bluestone Electric), Adam Kalthoff (organizer), Nick Kelzer, Kurt Meyer, Pat Roelike, Steve Hellickson, and Roger Schoenberg. The LED lights come with energy savings and the majority of the cost will be paid with Xcel energy rebates.
- ♦ **Thank You** to Larry Feldt and the Catholic Order of Foresters for a \$500 grant from the Richard Tobin Award. We appreciate the support of Catholic education.
- ♦ **Greenwald Elevator Softener Salt Sale** The Greenwald Elevator is having a salt sale with proceeds going to SJSA. Salt can be ordered now through Tuesday, October 15 and can be ordered by the bag or pallet. The pick-up date is Thursday, November 7 at the Greenwald Elevator. Salt can be ordered through any SJSA family, by calling the school at 320-987-3133, or by calling or stopping by the Greenwald Elevator 320-987-3159. Thank you for supporting the Greenwald Elevator Salt Sale!
- ♦ **SJSA School Board meets Thursday, September 19** at 7:30 pm in the school basement.
- ♦ **Animal Blessing** The Blessing of the Animals will be Friday, October 4 at 2:00 pm between the church and school. All are welcome to bring their pets to be blessed. Farm animals are welcome too! We hope you can come and celebrate the Feast of St. Francis with us.
- ♦ **SJSA Workathon** is Friday, October 11. The students will be raking leaves and doing outside clean-up in Greenwald. If you would like your yard raked, please call the school at 320-987-3133. Please support our students as they seek pledges to reach our goal of \$18,000 for this school fundraiser. Thank you for supporting SJSA students!
- ♦ **All-School Mass** The SJSA students will celebrate an all-school Mass on Sunday, September 29 at 10:00 am at St. Michael's in Spring Hill.

FAITH FORMATION

Freeport, New Munich, St. Rosa:

Contact Information: csand@catholic-centered.org

- **Grade 2: Next Class:** Wednesday, September 18 at 6:00 pm. Please meet in the parish office.
- **Grade 7-10: Next Class:** Wednesday, September 18 at 7:00 pm. All students must attend class, even if they are not participating in Safe Environment training.
 - **Grade 7:** Meet in the parish office.
 - **Grade 8:** Meet in the Sacred Heart School Art Room.
 - **Grade 9:** Meet in the Sacred Heart School Auditorium.
 - **Grade 10:** Meet in the Sacred Heart Church Basement.
- **Grade 10: Parent Meeting:** Wednesday, September 18 at 7:15 pm at Sacred Heart Church. At least one parent is asked to attend, both are encouraged.
- **Grade 11: Next Class:** Wednesday, September 18 at 7:00 pm. Please meet in the Sacred Heart School gym. Enter using the door on the east side of the building by the gym.
 - **The Rite of Confirmation** will take place on Saturday, October 12 at 7:00 pm at the Church of the Immaculate Conception.
- **Notice of Safe Environment Training** Each year the United States Conference of Bishops in the Charter for the Protection of Children and Young People require that our Catholic Schools and Faith Formation programs offer training for all children about personal safety. We will be having this training for grades 7-10 on Wednesday, September 18 and grades 1-6 on Wednesday, October 2. If a parent chooses not to have their child(ren) take part in this program, a Declination Statement must be signed and returned to the Faith Formation office prior to the date of training. You can find the Declination Statement form on our website under the Faith Formation tab.

Melrose, Spring Hill, Greenwald, Meire Grove:

Contact Information: faithformation@stmarysofmelrose.com

- **Grades 1,3-6: Next Class:** Wednesday, September 18 from 6:00 - 7:00 pm. Students and parents.
- **Grades 7-8: Next Class:** Wednesday, September 18 from 7:15 - 8:30 pm. Students and some parents.
- **Note Schedule Change: NO** class for grades 9-10 and Confirmation classes Wednesday, September 18.
- **1st Reconciliation/1st Communion: Next Class:** Saturday, September 21 from 9:00 - 10:30 am. Students only.



YOUTH MINISTRY

One in Faith ACC Youth Ministry:

Contact Information: youthministry@catholic-centered.org or faithformation@stmarysofmelrose.com

♥**Bible & Breakfast** Students in grades 7-12 are invited to enjoy scripture and breakfast with peers at the Melrose Area High School Media Center. We will meet on Wednesdays starting September 11 through the end of the school year, from 7:15-8:00 am. If there is no school or a late start, we will not meet. To register contact Chrystal at 320-266-5554.

♥**Mass in the Haybarn** to kickoff the new school year! Sunday, September 22. Event starts with 4:00 pm Mass at Hellermann Acres 31969 Co Rd 175 Melrose, MN 56352. All Youth in grades 6-12, along with their families, are invited, for Mass, followed by a meal and yard games, including kickball!

♥**Youth in grades 9-12 are invited** to join us for the High School Youth Day on Sunday, October 27, at Lake Geneva Christian Center near Alexandria, MN. This event is put on by the St. Cloud Diocese and has a world renown speaker/musician, PJ Anderson, who has even lead worship at multiple World Youth Days! Please fill out a youth interest form (available in the back of the churches or St. Cloud Diocese website) and return them to Pam at St. Mary's church office or drop it off at the Tri-Parish office in Freeport.

ONE IN FAITH ACC NEWS CON'T FROM PG 2

Sacred Heart School 1K/5K Run and Walk



The 14th annual Sacred Heart School 1K/5K Fun Run and Walk is coming up soon. Join us on Saturday, September 28 for a fun event for the whole family. We are looking for individuals and businesses to help sponsor the event. We would like to get all expenses covered with donations so the registration fees can ALL go back to the school and to the children. If you are willing to donate, please send your donation to Sacred Heart School PO Box 39 Freeport, MN 56331. You can register online or pick up a registration form at school. Walkers are more than welcome, no need to run the race. Get active on a nice fall morning and support Sacred Heart School. Thank you in advance for your generosity, and we look forward to seeing you on Saturday, September 28. The 1K starts at 10:30 am and the 5K will follow around 11:00 am. Freeport Fall Fest will have many family activities to keep you busy in the morning and after the race, so plan to stay in town and enjoy the day! If you have any questions or need more information, feel free to contact Amy Van Beck at amyvanbeck@hotmail.com or 320-290-8801.

Christ the King Retreat Center in Buffalo holds retreats throughout the year. Enhance your faith life with one of the retreats below. For more information or to register, please call 763-682-1394 or visit www.kingshouse.com.

- Women's Silent Retreat - September 20-22 (Weekend)
- Women's Silent Retreat - September 24-26 (Midweek)
- Men's Silent Retreat - September 27-29 (Weekend)



Natural Family Planning... Supporting God's gifts of love and life in marriage. Natural Family Planning is a loving way for couples to cooperate with nature and God's plan for married love. It is a natural and highly effective way to achieve and postpone pregnancy. A First Instruction in the Billings Ovulation Method will be offered in: Sauk Centre on Thursday, September 19 at St. Paul's Church or CentraCare Health – Sauk Centre Hospital. For more information, or to register, contact Jill and Isaac Uphus at uphus.nfp@gmail.com or 320-290-8751. The class is approximately 1½ to 2 hours long. *Note: Most insurance plans cover the cost of NFP Instruction and follow-up!

Do you need help with seeing God in others? Central Minnesota Koinonia is a Catholic retreat experience for adults, aged 20 and older, joining together to get to know Jesus, God, each other and ourselves. Retreats are held at the TEC Center, Belle Prairie, 3 miles north of Little Falls. The next retreat will be held September 20 - 22 beginning at 5:30 pm Friday and ending Sunday afternoon. Cost of the weekend is \$70, includes meals and lodging, scholarships are available for those in need. Registrations may be made by emailing cmkoinonia@gmail.com for a paper copy or going online at centralmnkoinonia.org.

“POP” Back into the Culture of Life: Prayer, Outreach, & Presence will be offered during 40 Days for Life Wednesday, September 25 to Sunday, November 3. Please come join us at the St. Cloud Vigil Monday-Friday 7:00 am - 7:00 pm. There is a great need for more people to join us as we pray peacefully every hour at the planned parenthood abortion facility in East St. Cloud. May God bless & keep our unborn babies, their Mom's & Dad's and the whole family in His loving care. When our families can be supported with protection of their 'baby in womb' as well as throughout their lives in a loving home, we will have returned to a culture of life. For this we pray, do outreach and are present. May life will be chosen! If you haven't signed up yet to pray and march, please do so at <https://www.40daysforlife.com/en/st.cloud>.



Reboot a Life Changing Event Join us for an inspiring night with Catholic speaker and author, Chris Stefanick! Reboot! Is the fun, inspiring, and practical experience of applying the beauty and genius of the Gospel to every aspect of your life. Sunday, October 20 at 6:00 pm at the Church of St. Mary 420 Irving Street, Alexandria, MN. Tickets are \$33. Limited availability! Get your tickets soon! For ages 12+. For more information and to purchase tickets please visit www.RealLifeCatholic.com.



Bishop's Annual Appeal “Behold who you are. Become what you receive.” Vocations: Ministries supported by the Bishop's Annual Appeal create opportunities to discern vocations through retreats, visits and one-on-one engagement. Those pursuing priesthood and the diaconate are supported spiritually, emotionally and financially in their journeys toward ordination. See how your generosity supports vocations by using your smart phones or visiting https://youtu.be/aqW_qIyYS3Q Each dollar raised goes directly to ministries that support our Catholic faith and is not used for any other purpose.

Young Adult Ministry: “From Minister to Mechanic: Finding God in all the Places” The Office for Ministry with Young Adults is partnering with three different areas in our diocese to sponsor some Theology on Draft evenings this fall, “From Minister to Mechanic: Finding God in all the Places.” Our speaker for the evenings is Cathy Heying, the founder and executive director of The Lift Garage, a nonprofit auto repair shop that provides low-cost car repair for low-income Minnesotans. Cathy has a rich history of social service and mission. In 2015, Cathy was named both a CNN Hero and the Irwin Tools Tradesperson of the Year. Young adults (ages 18-39) are invited to these evenings to learn and share faith, fellowship, food and refreshments. Appetizers will be served, and participants may purchase refreshments. Dates and locations of upcoming events:

- Thursday, September 26, 7:00-8:30 pm at Depot Smokehouse and Tavern, Alexandria

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